

# Nordic Skill Development Program 2014-2015 Calendar Final

**2** Dryland Begins (JR/SR)  
**3** NSDP/Coaches' Mtg  
**9** Bottle Drive  
**11-14** BCDS in Revelstoke  
**13** NSDP Trail Run/Hike  
**14** Workbee at lodge

SEPTEMBER 2014						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER 2014						
S	M	T	W	Th	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**3-5** Dryland in PG (all)  
**11** Dryland begins (TA)  
**15** Ski Testing (TA-SR)  
**17-18** ICC in Houston  
**18** Officials Lvl 1 in PG  
**19** Workbee at lodge  
**22** McBike Night (TA-SR)  
**24-25** ICC in Smithers  
**24** Ski Swap

**7-11** XC Snow Camp in Whistler (BCDS/BCTS)  
**22** Coach Session 1  
**22** BL Camp Smithers  
**28-30** CCC in Smithers and Houston  
**28-30** Snow Camp in Smithers (all)

NOVEMBER 2014						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2014						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**1** Ticket Booth Starts  
**3** School Program Begins  
**6-7** T2T in Smithers  
**6** ER begins  
**13** Coach Session 2  
**13** Officials Training  
**14** XC Spirit in Burns  
**20** Coach Session 3  
**20-21** XC Noram Callaghan

**3-4** XC BC Cup in PG  
 BL BC Cup in Quesnel  
 Coach Session 4  
**7** Masters begins (7-9)  
**10** Rabbits begin  
**11** XC N Cup in Smithers  
**15-18** XC Wstrns in Canmore  
**18** Extra Coach Session  
**18** Women's Ski Clinic  
**24-25** XC BC Cup in Rvlstoke  
 BL BC Cup in Whistler  
**25** Buchfink Day at Lodge  
**31** XC Nrth Cup in Kitimat

JANUARY 2015						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2015						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

**1** XC Nrthn Cup in Burns  
**7-8** XC Midgets at Mt. Wash  
**8** Chris Dahlie in Smithers  
**11** Last Masters session  
**14** XC Nrthn Cup in Vdrhf  
**20-22** XC BC Cup in Kelowna  
**28-Mar1** BL BC Cup in Vanderhoof

**1** Lakes Loppet  
**7** Wetzinkwa Loppet in Smithers  
**9-15** BL Nationals in Hinton  
**14-21** XC Nationals in Thunder Bay  
**21** Rabbit Fun Day  
**22** BL Race in Smithers

MARCH 2015						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2015						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**11, 18, 25** Spring Into Biathlon  
**Legend:**  
 Skill Development Program  
 Local Race  
 Out of Town Race  
 Local Skill Development Camp  
 Out of Town Skill Devt Camp  
 Club and Volunteer Events  
 NSDP Fundraising Event  
 Coach and Officials Training

**Dryland Practices**

	Mon	Tues	Wed	Thurs	Sat
RB					
ER					
TA					10-12
JR					10-12
SR		3:30-5:00		3:00-4:30	10-12
MR					
BL					
MB					

**NB.** All JR/SR are welcome to run with SSS from 3:15-4:30, MWF until Nov. 7.

**On Snow Practices**

	Tues	Wed	Thurs	Fri	Sat
RB					1:00-3:00
ER			3:30-5:00		1:00-3:00
TA	6:00-7:30		3:30-5:00		10:30-12:00
JR	4:00-5:30		3:30-5:00		10:00-12:00
SR	4:00-5:30	4:00-5:30	3:30-5:30		10:00-12:00
MD		7:00-8:30			
MR	7:30-9:00				
BL					1:00-3:00
BLM					9:10-12

**Abbreviations:**

RB	Rabbits	JR	Junior Development	MR	Masters Race	BCST	BC Cross Country Ski Team
ER	Extended Rabbits	SR	Senior Race	BL	Biathlon	BCTS	BC Cross Country Talent Squad
TA	Track Attack	MD	Masters Drop In	MB	Masters Biathlon	BLDS	BC Biathlon Development Squad

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