

# Northern Cup



# Teck



## Race Notice

**Name of Events:** Teck Northern Cup #1

**Race Format:** Northern Cup #1 - Classic technique, mass start.

**Date/Time:** Sunday, January 11, 2015. Classic Technique - start at 11:00 am

**Race Location:** Bulkley Valley Nordic Centre (Hudson Bay Mountain Rd.)

Directions and map: [www.bvnordic.ca/trails-and-facility/directions/](http://www.bvnordic.ca/trails-and-facility/directions/)

**Hosting Club:** Bulkley Valley Cross Country Ski Club [www.bvnordic.ca](http://www.bvnordic.ca)

**Information:**

|                      |                      |                |
|----------------------|----------------------|----------------|
| Chief of Competition | Léa-Marie Bowes-Lyon | (250) 877-8150 |
| Race Secretary       | Sara Bélanger        | (250) 847-1875 |

**Rules:** CCC Rules and Regulations. Also refer to the Teck Northern Cup Series Technical Guidelines for additional details: <http://crosscountrybc.ca/sites/default/files/documents/2014-15%20Teck%20RC%20TG%20-%20Northern%20BC.pdf>

**Race Entries:** By ZONE4: Access [www.zone4.ca](http://www.zone4.ca) as of Dec. 17, and locate this event in the online registration section to enter your information and pay by credit card.  
Any questions please contact: [racesecretary@bvnordic.ca](mailto:racesecretary@bvnordic.ca)

**Entry Deadlines:** Closing deadline for online registration is midnight Wednesday, January 7, 2015.  
No post entries will be available.

**Draw:** Start lists will be posted online at <http://www.bvnordic.ca/events/teck-northern-cup> the Thursday prior to the race and posted at the lodge on race morning.

**Bib Pick-Up:** Race days, 10:00 a.m. to 10:45 a.m. at the ski lodge.

**Awards:** Award presentations will take place immediately following the race. Awards for 14 years and under categories provided by Teck Resources. All participants in Midgets and younger categories will receive a CCBC Headband.

**Concession:** Soup, bun and a drink will be provided to all racers. Spectators may purchase food.

**Waxing:** The Gary Murdoch Memorial Waxing Hut will be available for waxing.

**Accommodation:** <http://www.tourismsmithers.com/index.php/travel-planner/accommodations>

- Trail pass:** Registered racers can use trails for the day of the race. Spectators do not require a trail pass to watch the race. Family of racers from out of the Smithers-Telkwa area can request complimentary trail passes for the day of the race.
- Cancellation:** There will be no refund for participants who choose to not start their race. A full refund will be made to participants if race organizers cancel the race(s) due to unsafe weather conditions.
- Race Routes:** Route maps will be posted at the lodge prior to the race.

### **RACE CATEGORIES & DISTANCES**

Categories are based on the racer's age on December 31, 2014

Awards will be based on the categories below. Results will be grouped by category and will identify year-of-birth.

| <b>CATEGORIES</b>   | <b>AGE</b>  | <b>YEAR OF BIRTH</b> | <b>DISTANCE</b> | <b>FEE<br/>per race</b> |
|---------------------|-------------|----------------------|-----------------|-------------------------|
| ATOM BOYS           | 7 and under | 2009, 2008, 2007     | .77 km          | \$6.00                  |
| ATOM GIRLS          | 7 and under | 2009, 2008, 2007     | .77 km          | \$6.00                  |
| PEE WEE BOYS        | 8,9         | 2006, 2005           | 1.5 km          | \$6.00                  |
| PEE WEE GIRLS       | 8,9         | 2006, 2005           | 1.5 km          | \$6.00                  |
| BANTAM BOYS         | 10,11       | 2004, 2003           | 2.5 km          | \$6.00                  |
| BANTAM GIRLS        | 10,11       | 2004, 2003           | 2.5 km          | \$6.00                  |
| MIDGET BOYS         | 12,13       | 2002, 2001           | 3.5 km          | \$10.00                 |
| MIDGET GIRLS        | 12,13       | 2002, 2001           | 3.5 km          | \$10.00                 |
| JUVENILE BOYS       | 14,15       | 2000, 1999           | 5.0 km          | \$15.00                 |
| JUVENILE GIRLS      | 14,15       | 2000, 1999           | 5.0 km          | \$15.00                 |
| JUNIOR BOYS         | 16,17       | 1998, 1997           | 5.0 km          | \$15.00                 |
| JUNIOR GIRLS        | 16,17       | 1998, 1997           | 5.0 km          | \$15.00                 |
| JUNIOR MEN          | 18,19       | 1996, 1995           | 7.5 km          | \$20.00                 |
| JUNIOR WOMEN        | 18,19       | 1996, 1995           | 7.5 km          | \$20.00                 |
| OPEN MEN            | 20-29       | 1994 - 1985          | 7.5 km          | \$20.00                 |
| OPEN WOMEN          | 20-29       | 1994 - 1985          | 7.5 km          | \$20.00                 |
| MASTER MEN          | 30-39       | 1984 - 1975          | 7.5 km          | \$20.00                 |
| MASTER MEN          | 40-49       | 1974 - 1965          | 7.5 km          | \$20.00                 |
| MASTER MEN          | 50-59       | 1964 - 1955          | 7.5 km          | \$20.00                 |
| MASTER MEN          | 60 & older  | 1954 - 1945          | 7.5 km          | \$20.00                 |
| MASTER WOMEN        | 30-39       | 1984 - 1975          | 7.5 km          | \$20.00                 |
| MASTER WOMEN        | 40-49       | 1974 - 1965          | 7.5 km          | \$20.00                 |
| MASTER WOMEN        | 50-59       | 1964 - 1955          | 7.5 km          | \$20.00                 |
| MASTER WOMEN        | 60 & older  | 1954 - 1945          | 7.5 km          | \$20.00                 |
| PARANORDIC STANDING | Open        |                      | 5.0 km          | \$20.00                 |