

# Northern Cup



Teck



## Race Notice

**Name of Events:** Teck Northern Cup #1  
BC Winter Games Trials Northwest Zone 7

**Race Format:** Classic technique, interval start

**Date/Time:** Sunday, January 3, 2016. Classic Technique - start at 11:00 am

**Race Location:** Bulkley Valley Nordic Centre (Hudson Bay Mountain Rd.)

Directions and map: [www.bvnordic.ca/trails-and-facility/directions/](http://www.bvnordic.ca/trails-and-facility/directions/)

**Hosting Club:** Bulkley Valley Cross Country Ski Club [www.bvnordic.ca](http://www.bvnordic.ca)

**Information:** Chief of Competition Léa-Marie Bowes-Lyon (778) 210-1676  
Race Secretary Sara Bélanger (250) 847-1875

**Rules:** CCC Rules and Regulations. Also refer to the Teck Northern Cup Series Technical Guidelines for additional details: <http://crosscountrybc.ca/sites/default/files/documents/2014-15%20Teck%20RC%20TG%20-%20Northern%20BC.pdf>

**Race Entries:** By ZONE4: Access [www.zone4.ca](http://www.zone4.ca), and locate this event in the online registration section to enter your information and pay by credit card.  
Any questions please contact: [racesecretary@bvnordic.ca](mailto:racesecretary@bvnordic.ca)

**Entry Deadlines:** Closing deadline for online registration is midnight Wednesday, December 30, 2015.  
No post entries will be available.

**Draw:** Start lists will be posted online at <http://www.bvnordic.ca/events/teck-northern-cup> the Thursday prior to the race and posted at the lodge on race morning.

**Bib Pick-Up:** Race day, 10:00 a.m. to 10:45 a.m., at the ski lodge.

**Awards:** Award presentations will take place immediately following the race. Awards for 14 years and under categories provided by Teck Resources. All participants in Midgets and younger categories will receive a CCBC Wax Box.

**Concession:** Soup, bun and a drink will be provided to all racers. Spectators may purchase food.

**Waxing:** The Gary Murdoch Memorial Waxing Hut will be available for waxing.

**Accommodation:** <http://www.tourismsmithers.com/index.php/travel-planner/accommodations>

**Trail pass:** Registered racers can use trails for the day of the race. Spectators do not require a trail pass to watch the race. Family of racers from out of the Smithers-Telkwa area can request complimentary trail passes for the day of the race.

**Cancellation:** There will be no refund for participants who choose to not start their race. A full refund will be made to participants if race organizers cancel the race(s) due to unsafe weather conditions.

**Race Routes:** Route maps will be posted at the lodge prior to the race.

**BCWG Selection:** Qualifying athletes will be contacted by Zone Rep, Jennifer Plummer. Registration of Zone Teams must be complete by 4pm, January 18th, 2016.  
Please see the BCWG Technical Guidelines for more information:  
<http://www.crosscountrybc.ca/sites/default/files/documents/2016%20BC%20Winter%20Games%20Technical%20Guidelines.pdf>

### **RACE CATEGORIES & DISTANCES**

Categories are based on the racer's age on December 31, 2015

Awards will be based on the categories below. Results will be grouped by category and will identify year-of-birth.

CATEGORIES	AGE	YEAR OF BIRTH	DISTANCE	FEE per race
ATOM BOYS	5, 6, 7	2010, 2009, 2008	.77 km	\$6.00
ATOM GIRLS	5, 6, 7	2010, 2009, 2008	.77 km	\$6.00
PEE WEE BOYS	8, 9	2007, 2006	1.5 km	\$6.00
PEE WEE GIRLS	8, 9	2007, 2006	1.5 km	\$6.00
BANTAM BOYS	10, 11	2005, 2004	2.5 km	\$6.00
BANTAM GIRLS	10, 11	2005, 2004	2.5 km	\$6.00
MIDGET BOYS	12, 13	2003, 2002	3.5 km	\$10.00
MIDGET GIRLS	12, 13	2003, 2002	3.5 km	\$10.00
JUVENILE BOYS	14, 15	2001, 2000	5.0 km	\$15.00
JUVENILE GIRLS	14, 15	2001, 2000	5.0 km	\$15.00
JUNIOR BOYS	16, 17	1999, 1998	5.0 km	\$15.00
JUNIOR GIRLS	16, 17	1999, 1998	5.0 km	\$15.00
JUNIOR MEN	18, 19	1997, 1996	7.5 km	\$20.00
JUNIOR WOMEN	18, 19	1997, 1996	7.5 km	\$20.00
OPEN MEN	20-29	1995 - 1986	7.5 km	\$20.00
OPEN WOMEN	20-29	1995 - 1986	7.5 km	\$20.00
MASTER MEN	30-39	1985 - 1976	7.5 km	\$20.00
MASTER MEN	40-49	1975 - 1966	7.5 km	\$20.00
MASTER MEN	50-59	1965 - 1956	7.5 km	\$20.00
MASTER MEN	60 & older	1955 - 1946	7.5 km	\$20.00
MASTER WOMEN	30-39	1985 - 1976	7.5 km	\$20.00
MASTER WOMEN	40-49	1975 - 1966	7.5 km	\$20.00
MASTER WOMEN	50-59	1965 - 1956	7.5 km	\$20.00
MASTER WOMEN	60 & older	1955 - 1946	7.5 km	\$20.00
PARANORDIC STANDING	Open		5.0 km	\$20.00