



## 2020/2021 Season Kick-off

Welcome club members, new and old, to the first newsletter of the 2020/2021 season. We are rapidly closing in on, and probably exceeded by the time you read this, 900 members—a record high number. There are many brand new members so the focus of this newsletter is on educating members on where to find information and how to use our facilities safely.

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## General Club Information

Our website, <https://bvnordic.ca>, has the latest [club news](#), [grooming reports](#), and weather conditions—along with lots more information about the club and facilities. A new page for this season is [a list of busy times](#) in the stadium and wax hut due to skill development program delivery.

We also have a [facebook page](#), [facebook discussion group](#) and [Instagram account](#). General questions and comments can be emailed to [feedback@bvnordic.ca](mailto:feedback@bvnordic.ca). Club announcements are sent via email to our [announcement mailing list](#).

Our club is driven by volunteers. The [volunteering page on the website](#) describes some of the volunteering opportunities in the club. Please take a

moment to read this page and see if there is an opportunity for you to contribute.

## COVID-19 Safety

The club executive and key volunteers have developed, and continue to develop, a club specific COVID-19 safety plan which you can find here <https://bvnordic.ca/covid-19-info/>.

We encourage you to read the plan, here are the important points while we have your attention:

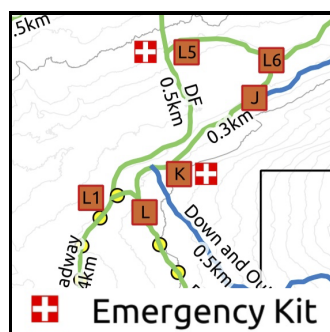
- Stay home if you do not feel well or are displaying symptoms of COVID-19
- Keep 2m away from other people
- Sanitize your hands when entering & exiting a building and wear a mask while inside a building.
- Observe posted building/room occupancy limits.

We are fortunate to have lots of space for people to enjoy outdoor recreation and exercise during these challenging times. Please become familiar and follow our safety plan guidance so we can continue to provide these opportunities.

## Trail Navigation and Safety

A detailed description of safety information and search procedures is available on our website <https://bvnordic.ca/trails-and-facilities/safety-information>. Cell reception is limited on the trails, do not depend on your cell phone working while at the nordic centre. There is a land line phone in the lodge to use for emergencies.

Out on the trails there are a number of emergency kits at key intersections. Their location is marked on our trail maps as seen here:



We offer a number of electronic trail map options—all described in detail on our website <https://bvnordic.ca/trails-and-facilities/map/>. Paper maps are available at McBike and in the lodge.

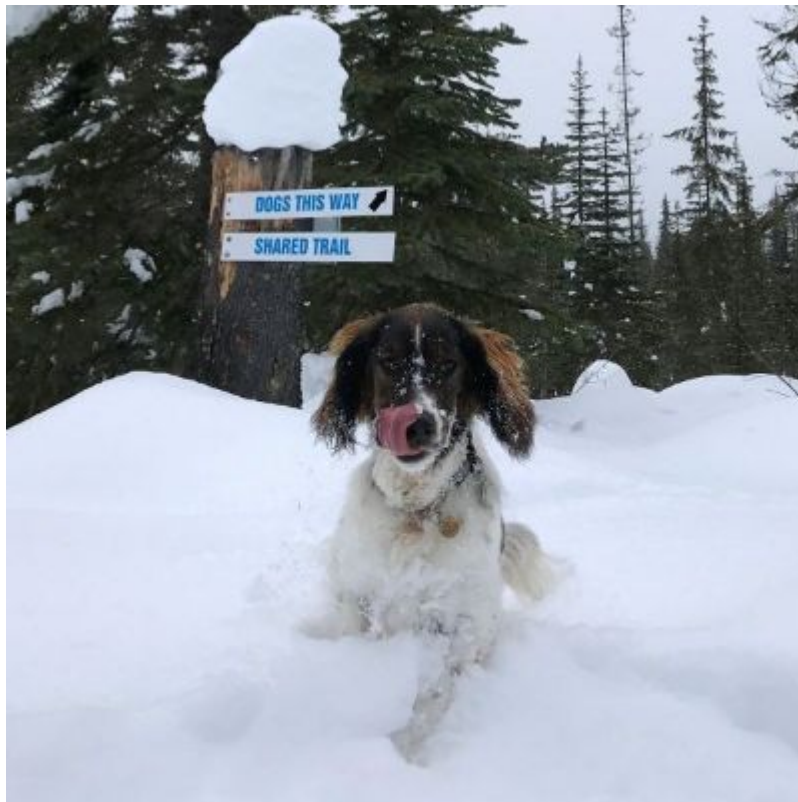
Trail closures are noted at <https://bvnordic.ca/trails-and-facilities/busy-times->

[and-trail-status/](#). Currently Valley View and the Pine Creek trails beyond the dog trails are closed.

## Skiing Etiquette

Given the record number of members, and many brand new members, it is worthwhile pointing out basic cross country skiing etiquette:

- Always be in control while skiing
- Stay to the right
- If skiing with a partner and occupying both classic tracks, the person in the left track needs to be ready to yield to oncoming and overtaking traffic.
- When overtaking a slower skier call out "track!" and pass to the left when safe to do so. As an extra COVID-19 precaution we are asking people to always use the left classic track to pass, even if skate skiing.
- Skiers coming down a hill have right-of-way
- Be extra cautious around blind corners, especially near hills, always stay right here.
- If stopping to have a visit with friends move off the trail to allow safe passage of other skiers
- Avoid skating over classic tracks
- Do not litter
- Have fun!



## Skiing With Dogs

We offer 10km of dog friendly trails, which see lots of use by both dog owners and non-dog owners. To keep everyone—dogs and people—safe we have a [few rules about how to go skiing with your dog](#).

- You are welcome to ski with one or two dogs under your control
- Keep your dog in your car until you are ready to ski
- If you are unable to keep your dog under close control please leash them between the parking lot and the tunnel. Most dogs are very excited to go for a ski and are not particularly controllable so please consider always using a leash until you are beyond the tunnel.
- The dog trails are clearly marked as one-way when skiing with a dog. People skiing without a dog may ski the opposite direction.
- Do not leave dog waste on the trails

We realize that the dog trails are especially busy on the weekends and we have had some reports of uncontrolled dogs in the parking lot and on the trails. We will do our best to remind and educate people about the rules regarding dogs in the parking lot and on the trails, rules which ultimately are intended to ensure a safe and enjoyable skiing experience for all trail users. Thank you for your understanding and please reach out to [feedback@bvnordic.ca](mailto:feedback@bvnordic.ca) if you have any concerns.

The current club policy regarding skiing with dogs can be found here: [https://bvnordic.ca/images/content/Dog\\_trail\\_policy-2020.pdf](https://bvnordic.ca/images/content/Dog_trail_policy-2020.pdf)



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