

# Bulkley Valley Nordic Centre

## Emergency Rescue Procedures

Determine if the situation involves a minor incident, a serious injury or a lost/overdue skier.

### Minor Incident Rescue

If the person's location is known and they just need help returning to the lodge:

- Tell someone at the lodge, a caretaker or other contact what the situation is, what you plan to do and when to expect a check-in.
- Bring the rescue snowmobile to the lodge and then attach the stretcher/sled from First Aid room.
- Retrieve the person to the lodge and notify your check-in person.

### Serious Injury Rescue

If the person's location is known and the injury is serious or unknown:

- Enlist help from others nearby. Call 911 while someone brings the snowmobile to the lodge and attaches the stretcher from the 1<sup>st</sup> Aid room.
- Ideally, send two people to assist injured person. If person might be unconscious, take portable AED.
- Leave someone at lodge to communicate with 911 and direct emergency responders if necessary.
- Paramedics may go out on trail if they are supplied with a snowmobile driver, helmet and snowsuit. If a paramedic will be needed on-site, arrange for use of another snowmobile or the return of the rescue snowmobile.

### Search for Lost or Overdue Skier

1. Find out as much information as possible about the missing person (name, age, skiing ability, clothing, knowledge of trail system, fitness level, medical conditions, etc.)
2. Determine exactly where the person was last seen, which direction they were travelling, planned route, and time elapsed since last seen.
3. If weather and other circumstances make a rescue urgent, contact the RCMP at 847-3233 to engage BV Search and Rescue (SAR). In the interim, begin a short-duration initial search as described in 4.
4. If there are people immediately available, begin a short-duration initial search:
  - Organize search teams of 2 people per team
  - Communicate information collected in steps 1 and 2 (above) to teams and assign priority trails/areas to search
  - Send out teams on snowmobile or skis to cover priority trails
  - If initial search is unsuccessful, contact RCMP at 847-3233 to engage BV Search and Rescue (SAR). Continue searching until relieved by SAR.