

Bulkey Valley Cross Country Ski Club: Nordic Skills Development Program (NSDP)

Policy for Waxing and Managing Wax Supplies and Team Racing/Training Equipment

Purpose / Objectives:

1. To provide guidance on uses and maintenance of race team equipment including waxing equipment, test skis and club roller skis.
2. To implement a cost effective wax program that encourages fair sport and supports club athletes by providing consistent, high quality technical support and waxing product.
3. To ensure team waxing services are consistent with Cross Country BC and Biathlon BC standards.

Policy:

1. This policy applies to the Nordic Skills Development Program (NSDP) and includes cross-country and biathlon programs.
2. A head waxer will be appointed with the responsibility for:
 - a. managing the wax and wax equipment budget;
 - b. maintaining equipment and wax supplies; and,
 - c. working with the Head Coach and wax team to ensure there is a race specific wax plan for all club supported race events.
3. A team-based approach will be used to support race events.
4. Wax teams will be confirmed in the race specific wax plans.
5. Race team waxing is available to club athletes in the NSDP inclusive of extended rabbits through to senior age groups for both x-country and biathlon athletes and includes adults registered in club masters race programs.
6. As part of NSDP orientation the coach will provide an overview of this policy to the parents of athletes to help them understand what to expect and how they can support their children with waxing and care of equipment.
7. Race team waxing is to support eligible club athletes at race competitions only.
8. High fluoro (HF) wax are intended to be used for athletes in point races where it makes a difference to overall placement and eligibility by ensuring BV athletes are on a level playing field with other competitors.
9. Wax product and service provided will be in-line with provincial standards and reflective of the athletes age and the level of competition.
 - a. Point races - Non-fluoro (NF) or low fluoro (LF) below 14 years age (juvenile boys/girls category for cross country, senior boys/girls category for biathlon).
 - b. Non-point races - NF or LF for all athletes.
10. Further to the guidelines described above, BV coaches will support other club coaches where there are race specific agreements to limit the use of HF wax.

11. The club standard for high fluoro wax includes HF base wax and “puck” topper. The club program does not support the use of HF powders and liquid HF products due to cost.
12. Athletes requiring products not covered under the club program may make arrangements on a cost recovery basis. Arrangements will require advance planning and requires confirmation between coach and head waxer.
13. Race team waxing is available to club parents or coaches at BC Championships for the club relay race (when racing for club points).
14. Waxing is a cost recovery service. Income sources are program fees and fund raising events. The annual budget for wax supplies will be reviewed regularly to ensure it remains cost effective.
15. Eligible race competitions include Northern Teck series races, Chris Dahlie Open, BC Cup and Biathlon BC Cup races, BV Regional Biathlon Race, BC Winter Games and any other club race team supported point races such as Noram, Westerns, Nationals.
16. Waxing services may be available to other club members on a fee-for-service and first-come, first-serve basis.
17. All monies raised from ski waxing go towards covering the cost of supplies and equipment.

Equipment (waxing/test-skis):

18. Wax equipment may be used by arrangement for other funding raising events (e.g. marathon ski waxing service to fund raise for athletes going to Nationals). A donation to the race (wax) program is encouraged to cover wear and tear of equipment. Wax supplies are on a cost recovery basis.
19. Race team test-skis are for glide and grip testing purposes only.

Equipment (roller-skis):

20. The club will maintain a limited inventory of roller-skis to support the NSDP program (currently 4 pairs skate, 4 pairs classic).
21. Club roller skis are available for coaches and athletes to support the introductory stage of roller-skiing at the “Learning-to-Train” level and including club athletes attending fall dryland camps.
22. Athletes and coaches are expected to purchase roller-skis when roller skiing is a regular component of their dry-land training plan (generally this starts at 13 years age).

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