

BVCCSC is grateful to be located on the unceded territory of the Wet'suwet'en Nation
Wit'suwit'en or *Wet'suwet'en*? The 1st one refers to the language, the 2nd to the land and people




SNOW- Nov 13 2024 BV Nordic Stadium!

...EARLY BIRD REGISTRATION DEADLINE: NOV 30...

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Early bird registration deadline is Nov 30!

To land on your feet this season, check one of the boxes for volunteering!

Volunteer !!!!!


A community of dedicated volunteers is behind the success of the Bulkley Valley's Nordic Centre and ski events. Volunteers run ski races, clinics and social events. They also look after the club's fundraising and communications. Outside of the ski season, members are busy improving the trails and buildings. We welcome your involvement. How would you like to help out?

please don't skip this! build snow karma & make new friends

☐ Help on race days:
☐ Organize ski clinics:
☐ Coach ski clinics:
☐ Help with social events:
☐ Assist with Ski S'kool:
☐ Help improve facilities:
☐ Work on trails:
☐ Apply for grants:
☐ Get news out to members:
 I have another idea for helping:

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<https://bvnordic.ca> to register & choose a great volunteer role

Feedback Needed for New Trail Plan:

Help the board prepare a new trail plan. At the Oct AGM we updated members:

- major trail improvements made possible by support from the Destination Development Fund, Wetzin'kwa Community Forest, sponsors & club funds
- proposed new trails and other projects
- presented a Training and Competition Trails Master Plan

We need your input, to give informed feedback, follow these easy steps:

1. Download PDF of Oct 27 AGM presentation here: [Trail Plan Update 2024](#)
2. Download [Competition and Training Trails Master Plan](#) by GeoEnviroLogic Consulting Ltd.
3. Follow link: [notice for the Oct 27 Planning Info Session](#) for relevant background information

If approved by the Board of Directors, the new plan will guide trail improvements and planning of new trails into the future, email trails@bvnordic.ca to provide your feedback:

Specifically, but not limited to-

Should the club make the proposed trails a priority?

What should be the highest priority?

Are you able to help?

We really need volunteers to step up to help spearhead new trail projects

Do you want to join a mailing list to engage further on trail planning?

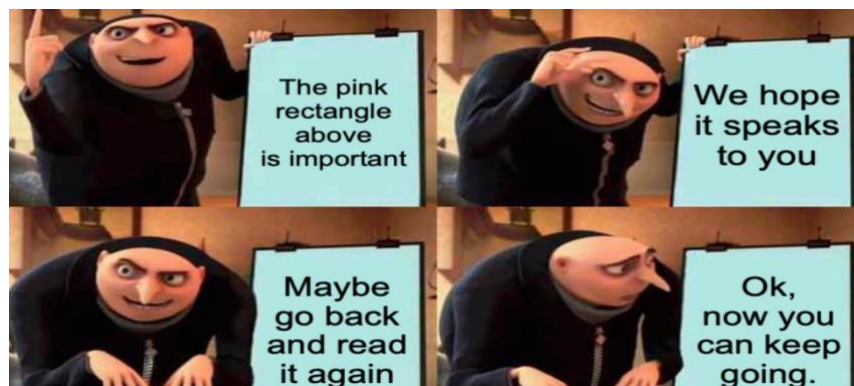


NB- I just learned that spelling *tuque* is French, & *toque* is English, & since the word originated in Quebec, I'm going with *tuque*, I'm sometimes also a Habs fan, allez les Canadiens...?

VOLUNTEERS URGENTLY NEEDED!

Do you enjoy attending the fun events each season at the Nordic Centre? They're *entirely* organized, executed, & staffed by volunteers? Why not join in the fun & lend a helping hand?

Volunteers are urgently needed for the Winter Solstice Event, BC Family Day, and Holiday Hustle (virtual ski tour, starting on Boxing Day ski the route, post a photo or story. There is a Strava Nordic Ski segment). Contact events@bvnordic.ca if you can help.



More about Feedback for the New Trail Plan:

Attention all of you who ski with dogs and especially those who have been writing in about a desire for a new dog trail... One of the proposed new trails is a *dog trail*!

However, the trail will not build itself, and Fido doesn't have opposable thumbs, so.. We need volunteers to lead the project, get all authorizations, write funding proposals & do some grunt work. It's time to step up...

And attention all of you who love skiing the Pine Creek trails, but really dislike sharing them with dogs! One of the proposed new trails is a plan for a new section of Pine Creek loop that would allow skiers to diverge from the dogs right after the tunnel. As with any new trail, volunteers will be required, let us know.



Big BV Nordic News:

At the Cannes International Canine Film Fest, BVCCSC won the Pad D'Or in the Dog Trail Category! We are thrilled to offer you this viewing opportunity of our winning submission: <https://youtu.be/ua8HHfjk-A8>



Starring, left to right: Balto and Bingo



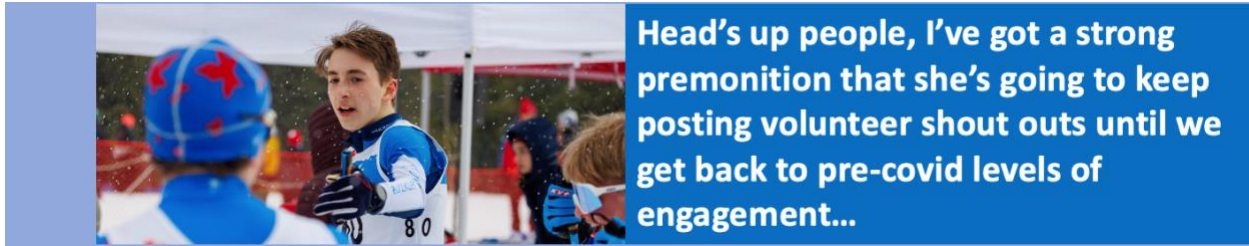
Warning: Viewer discretion advised

Seriously: watch the video to understand new BVCCSC Dog Trail Policies. ☺
This is an important message from the Board of BVCCSC:

BVCCSC REVISED DOG POLICY: <https://www.youtube.com/watch?v=ua8HHfjk-A8>

Early Season Grooming at BV Nordic Centre (submitted by Jan):

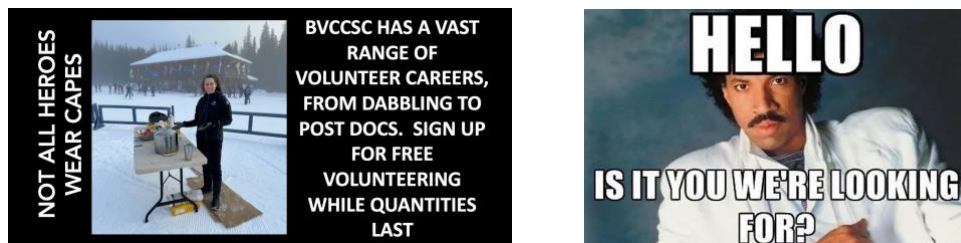
The team of relentless volunteers are willing to pack any snow with our smaller machines & have been going at it for a week (until the rain hit us). The Early Season team is led by "Maverick" AKA Kevin Kriese and their goal is to create a good quality track on our priority one trails (Broadway, Logging roads, Wetzin'kwa, Demo Forest, Biathlon Loops) on the Lodge side.



Pooch Paradise and Hound Heaven are our priority one trails on Pine Creek side, and as soon as possible, they hope to pack down the snow on priority two trails (Down the Mountain, Valley View, Golden Eye, Northern Lights, Perimeter, Down & Out on Lodge side. Pine Creek 5,7 1).

Once those two priorities have been taken care of, they will move onto the rest of our steeper more uneven trails that require more snow coverage before any machines can go on them. I take my hat off to this eager crew that ensure that we will have a great snow base until April. Thank You to all of you!

The Science of Grooming? The ESP starts working the first 10 cm of snow either with our tracked Ranger (side by side) without any drags or hooked up with a roller. The goal here is to punch down the snow and take out the air. Once this is accomplished, they stealth move into using either our electric snowmobile with a drag for working out the lumps and bumps. Stage three is the same set-up but this time they're using teeth and roller, and maybe the track pad to set that first classic track that you have been waiting sooo long for.



New Groomer? But wait... Where is the new 500K snowcat you may ask? Not to worry, this large & heavy machine will not come out on the trails until we feel that we have enough snow coverage to safely operate the machine with its tiller & tracks. This will ensure that both the machine & our trails are performing at their best.

Opening Day? The million-dollar question: When do we open!? Or like I would rephrase it: when can we open? The answer is simple. We'll open when we are able to achieve the above goals, and we feel that the trails are safe. Realistically, we need 10+ cm to be able to open our priority one trails. Go ahead, do your snow dance! We almost had some trails skiable last week but got set back a bit by warm rains. Cooler temperatures and more snow is coming so we might be able to open some of our trails soon.



FYI, a few keen skiers have been seen out on the trails already. That is OK, but not recommended unless you have some old rock skis and enjoy the challenge of rough, ungroomed snow.

Last but not least: Be aware that our trails are not currently open, and any skiing is at your own risk. Our operators do not expect skiers on the trails prior to opening, so please be mindful about this! As we're not open, our crews can be on a trail at anytime, anywhere.

BVCCSC Sock Fundraiser: COOL CHRISTMAS GIFT- GET YOUR BVCCSC SOCKS NOW!

Email orders: Jen.chapman@bvnordic.ca. Pay with cash at pick up, or e-transfer to mentioned email. Pre order is required. This product is high quality thin athletic socks.

Pick up: Nov 22, 4-6 pm, 3211 Turner Way

Price: \$25 per pair or 3 pairs for \$70

Sizing: 3 sizes to choose from: S/M, M/L, XS

Size details:
M/L: Men 8-12 Women 10-13
S/M: Men 4-7, Women 5-9
XS: Youth 8-12

Proceeds support 14 BVCCSC athletes on a ski & cultural exchange to Ottawa, as well as hosting 33 athletes from Ottawa. Profits from sales will specifically fund local activities to show visiting athletes the best winter activities the Bulkley Valley has to offer.



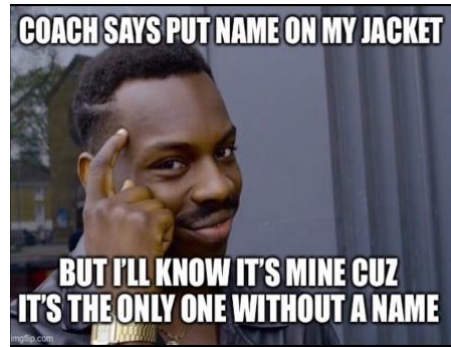
New Stylish Outhouse:

Lower parking lot, completed in time for ski season! Don't anyone dare leave pee on the toilet seat.



BVCCSC Clothing Order:

The JAKROO BV Nordic ski clothing store is up and running: <https://jakroo.com/store-front?storeId=ByxWJ6iWro>. New this year: headband & one-piece race suit. Please note that most items are in youth sizes. Click the "?" icon for sizing information. For more in depth info click "Try our free size recommendations service", or contact Ryan; queries are answered promptly (Ryan McKee, (604) 248-6086 or ryan@jakroo.ca).



Race Committee News:

The annual Chris Dahlie Open & Teck Northern Cup 1 & 2 are on **February 8/9**. If you are interested in joining the Race Committee, they are looking for assistants to the Chief of Competition & Head Timer. If you have ever been curious to learn what it takes to run a race, this is an excellent opportunity to learn from experienced people. Contact race@bvnordic.ca if you are keen to pitch in.

Hesitant about helping with races because you don't feel qualified? Take the Level 1 Officials Course to gain insight! Thanks to a generous grant from ViaSport, **the course is totally free!** And thanks to some clever folks at Nordiq Canada, it is now a self-guided 4-hour course instead of an all-day affair.

- Head to <https://thelocker.coach.ca/account/login>
- Create a profile on coach.ca portal "the locker"
- Select ELEARNING and sport, Cross Country Skiing
- Select Officials Level 1 (\$25) and pay online
- Complete course and submit receipt to race@bvnordic.ca for reimbursement

Season's Passes & Stickers:

Passes/stickers purchased up until now available at McBike. From now on, new passes/stickers will be dropped off at McBike twice weekly.



ADP & SDP Program Updates: Still Room in Our Nordic Skills Programs!

- age 4-9 Rabbits and Bunnies (74/100 spots filled)
- age 10-20 Athlete Development Program
- age 20+ Masters Performance (One spot left in the 2 x weekly sessions)

Get your snow dance on—we're ready to hit the snow!

Early Bird pricing for registration ends Nov 30 so hop, skip or slide to bvnordic.ca for registration info.



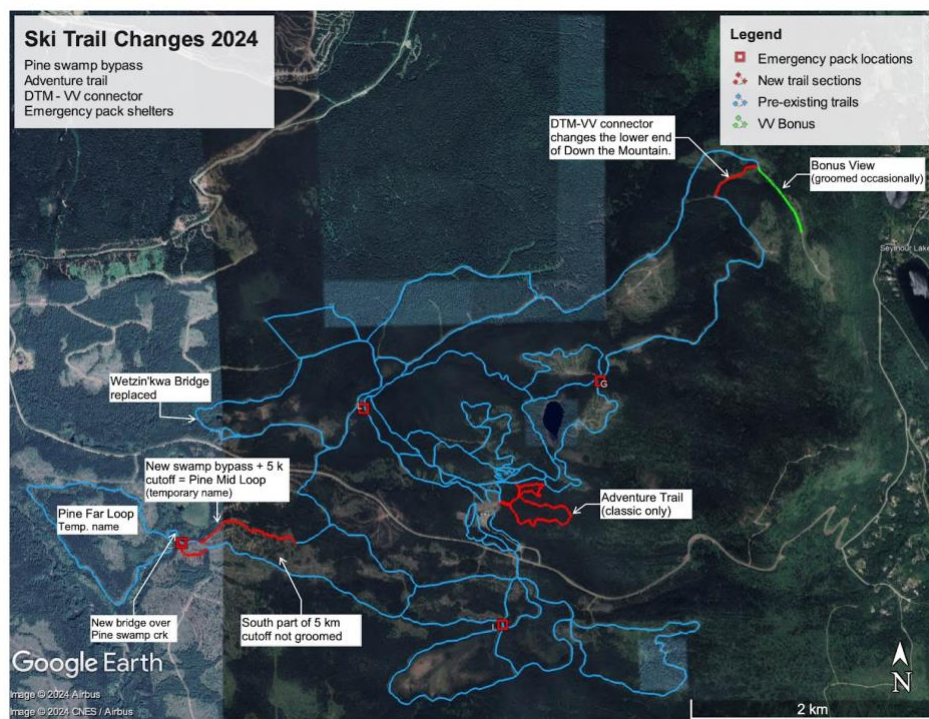
Our lovely BVCCSC athletes getting a short break during a roller skiing training session this autumn

New Trail Map:

Thanks to the volunteer work of Tom Christian, a new trail map is available! The updated map can be found on the Trail Map page under *Nordic Trails* menu on the website homepage, linked [here](#).

You may be familiar with Tom's work, he made the previous version of the trail map that helped many a skier find their way through our trail network. New maps will be printed for the lower parking lot kiosk, lodge, & junction maps will be updated to reflect changes & will soon be available on Nordic Pulse mobile & Trailforks.

Updates include new trail sections, route & trail name updates are highlighted in the map shown below.



Upcoming Fantastic Club Event:

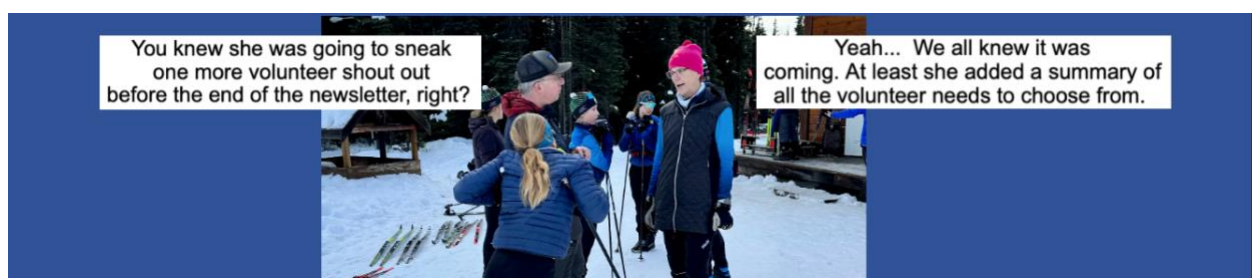


Cross- Country BC Magazine

Are you one of those people who gets annoyed each year when the glossy magazine from Cross Country BC (CCBC) arrives in your mailbox each September? We heard from several of you & followed up with CCBC; they assured us they are trying to figure out how to put an option on the registration forms to let us opt out of receiving the magazine. Until then, you can email CCBC to request that your name be removed from their mailing list. Email: office@crosscountrybc.ca with your name, address and a sentence asking to be removed. For this year it could be left out at your office or a favourite coffee shop downtown...



Follow us on Social Media: <https://www.facebook.com/bvnordic>, on Instagram: @bvnordic



BVCCSC Current Volunteer Needs:

Event	Type of Help	When	Contact:
Solstice	<ul style="list-style-type: none"> – Prep for solstice event – Help w/solstice event 	Before Dec 21 Help on the day	events@bvnordic.ca
BC Family Day	Organizing, helping on the day	Before Feb 16	events@bvnordic.ca
Ski S'Kool Instructors	Coach elementary age students, honorarium applies	January through March Tue, Wed, or Thur	nsdpcoordinator@bvnordic.ca
Tour de Treat	Bakers! Bake 100 treats	By Dec 20	harrison.susanb@gmail.com
Holiday Hustle	<ul style="list-style-type: none"> – Set up the course – Track skiers on Strava – Track skiers on Strava 	Fri Dec 20 Dec 21 - 28 Dec 29 - Jan 5	events@bvnordic.ca
Assistant to Chief of Competition	– work closely w/ our Chief of Competition, Robbie, to bring the Teck Cup, Dahlie Open, & Loppet to our members	Feb 8 & 9 March 15	race@bvnordic.ca
Assistant to Chief of Timing	– our long serving Chief of Timing, Liza, is stepping down. We need someone to apprentice with her this season & take the reins next year	Feb 8 & 9 March 15	race@bvnordic.ca

Last Word:

Thank you for reading the BVCCSC newsletter. Do you have a favourite Nordic ski hack that you would like to share? A recipe that is a must do for the ski season? A Nordic book, podcast, or movie that you think others would love? Send them my way, Sarah: communications@bvnordic.ca



Sarah 😊

Our community sponsors give so much to us, support them whenever possible:

Annual Sponsors

Annual Sponsors provide financial support to the Club.



**Here's
How.**



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